# Grouping Students to Maximize Learning and Minimize Inequality: New Hope or False Promise? 

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## Why Do Schools Assign Students to Classes by "Ability"?

$r$ Seems logical and efficient

- Students differ in their performance levels, so divide students to match instruction more closely to their needs
- A narrower range of student performance levels makes it easier to organize the curriculum
$r$ So why is this problematic?


## Problems of Ability Grouping

$r$ Due to circumstances outside of school, separating students by academic performance may also separate them by race and social class
$r$ Homogenous classes lack the diversity that may foster rich discussions

## Problems of Ability Grouping

$r$ Although ability grouping is intended to provide equally effective instruction to all students, that rarely occurs

- Teachers are also tracked
- Cycle of low expectations
- Low-level classes as caricatures
- Emphasis on procedures in low-level classes, discussion in high-level classes


## Ability Grouping and Unequal Instruction

## Track Level

|  | Low | Middle | High |  |
| :--- | :---: | :--- | :--- | :--- |
| Discussion time <br> (minutes/lesson) | .70 | 1.44 | 3.30 |  |
| Envisionment <br> (standardized) | -.52 | -.06 | .80 |  |
| Revision of <br> content (0-1) | .53 | .60 | .73 |  |
| Homework <br> (hours/week) | .88 | .98 | 2.01 |  |

## Ability Grouping and Unequal Instruction

## Track Level

|  | Low | Middle | High | Mixed |
| :--- | :---: | :---: | :---: | :---: |
| Discussion time <br> (minutes/lesson) | .70 | 1.44 | 3.30 | 1.42 |
| Envisionment <br> (standardized) | -.52 | -.06 | .80 | -.24 |
| Revision of <br> content (0-1) | .53 | .60 | .73 | .47 |
| Homework <br> (hours/week) | .88 | .98 | 2.01 | 1.01 |

## Achievement Gaps between High and Low Tracks



Source: Applebee, Langer, Nystrand, \& Gamoran, 2003.

## Problems of Ability Grouping

$\checkmark$ Partly as a result of unequal classroom conditions, inequality between students assigned to high- and low-level classes widens over time

## Consequences of Ability Grouping

$\checkmark$ No effect on achievement productivity
$r$ Increase in achievement inequality
$r$ Supporters focus on productivity while critics emphasize inequality


## Consequences of Ability Grouping

$\checkmark$ New international research finds the same pattern as in the U.S.: tracking is linked to increasing inequality
$\checkmark$ A few exceptions: performance incentives boost outcomes for low-track academic students (Israel, Taiwan)

## Responses to the Problem

r Reduce the use of ability grouping, but provide challenging instruction to high achievers
$r$ Maintain ability grouping, but provide effective instruction in low tracks

## Responses to the Problem

$\checkmark$ New research suggests promising new directions for both responses

- Conditions that support successful mixedability teaching
- Conditions that support effective instruction in low groups or tracks


## Successful Mixed-Ability Teaching

r Case study of detracking in a New York school district

- Carol Burris and colleagues
- Replaced tracking with mixed-ability teaching in middle and high school math
- Improved outcomes for low achievers without losses by high achievers


## Successful Mixed-Ability Teaching

## $\checkmark$ Middle school reform

- Accelerated curriculum for all students
- Extra support workshop for struggling students
- Common planning time for teachers
- Increased use of calculators


## Successful Mixed-Ability Teaching

$\checkmark$ High school reform

- All students assigned to Regents classes
- Supplementary class for students who struggled with the more advanced material
- Met three times each week


## Successful Mixed-Ability Teaching

$\checkmark$ Research design

- Interrupted time series
- Compares successive cohorts of students in the same school, and to other schools that did not undergo the reform


## Burris: High School Results



Source: Burris, Heubert, and Levin, 2006.

## Conditions that Support

Successful Mixed-Ability Teaching
$r$ Substantial supplementary instruction for low-performing students

- High school: 50\% more instructional time
$r$ Note: this was an affluent district with few high-needs students
$r$ Not clear how far the results will generalize


## Conditions that Support

 Successful Mixed-Ability Teaching$r$ Similar findings from a 1998 study of mixed-ability teaching in an urban school

- Additional resources allowed a Saturday tutoring program and small class sizes
- Admission required an interview for students
- Still a diverse student body


## Conditions that Support

 Successful Mixed-Ability Teaching$r$ Evidence is accumulating that:

- Successful mixed-ability teaching is possible
- Extra resources to support low-achieving students is an enabling condition


## Grouping Students to Close Achievement Gaps

$r$ New research on grouping systems that close gaps instead of magnifying gaps

- Carol Connor and colleagues
- A series of studies on grouping students for early reading instruction


## Grouping Students to Close Achievement Gaps

$\checkmark$ Diagnosis and instructional response

- Assess reading performance
- Input assessment results to a computer algorithm called "Assessment to Instruction" (A2i)
- Diagnoses student performance
- Recommends an instructional response
- Recommends within-class groupings to facilitate instructional responses


# Grouping Students to Close Achievement Gaps <br> $r$ Randomized evaluation 

- Teachers in the "treatment" group received the $A 2 i$ software and training on how to use it
- Comparison group of teachers who did not receive A2i


## Grouping Students to Close Achievement Gaps

## $\checkmark$ Results

- Students whose teachers were assigned to the A2i group outperformed those in the control conditions
- Low-achieving students received the largest benefits
- The benefits were greatest for students whose teachers made most use of A2i


## Connor: First Grade Results



## Conditions that Support Successful Use of Grouping

$r$ Connor's results echo long-ago conclusions of Robert Slavin (1987)
$\checkmark$ Ability grouping can be effective if:

- Students are assigned to groups based on the specific skill to be taught
- Instruction is targeted to the specific skill
- Grouping arrangements are flexible


## Grouping Students to Close Achievement Gaps

$\checkmark$ Another approach to maximizing achievement through grouping

- Optimal matching of teachers and students
$r$ Annual testing of students can provide evidence of teachers' contributions to student achievement
$r$ Are some teachers more effective with one type of students than with others?


## Grouping Students to Close Achievement Gaps

$r$ Requirements for optimal matching

- Annual achievement data
- Students linked across years and to teachers
- Test for differential effects
- Teachers may not produce the same effects with all students
- In particular - some may be more effective with high achievers, others with low achievers


## Grouping Students to Close Achievement Gaps

$r$ IF there are differential teacher effects

- Students may be assigned to teachers who are particularly effective with students with their qualities
- Students would get teachers who, based on past performance, are expected to bring out the best in them
- Teachers would get students who are like those with whom they' ve had success


## Grouping Students to Close Achievement Gaps

$r$ Problems with optimal matching

- Not clear there are differential effects, or that they are widespread
- What if many teachers are especially effective with high achievers, but few are especially effective with low achievers?
- Not clear that assessments are good enough to be meaningful
- No study has examined this in practice


## Conclusions

r"Neither tracking nor heterogeneous grouping is necessarily good or bad. The effectiveness of grouping depends on the specific situation and the needs within a school."
-- NEA, 1990

## Conclusions

$r$ Eliminate dead-end courses.
$r$ Where ability grouping is maintained, implement high standards for lowachieving students.
$r$ Where ability grouping is eliminated, see that standards for high-achieving students are not lowered.

## Conclusions

$r$ Under the best of circumstances, both approaches can be successful
$r$ It is not clear whether the best circumstances can be widely implemented

